

Theme: Sisterhood

Dates: April 1 - 30, 2020



What is the Girl Scout Connection?:

Since Girl Scouts began in 1912 there have been millions of Girl Scouts in the United States! Today, 2.5 million girls and adults participate in Girl Scouts each year (over 6000 a year in Alaska). That's a huge sisterhood of girls and adults who embody the courage, confidence and character.

Girl Scouts is a global movement which includes girls from 92 countries and over 50 million alums, all of whom have a desire to make the world a better place.

Make the Connection:

Along with Juliette Low, the first Girl Scouts blazed trails and redefined what was possible for themselves and for girls everywhere. That tradition continues today. Every girl who participates has a chance to develop the skills and confidence to be a leader today and in the future as she:

- **Develops a strong sense of self**
- **Displays positive values**
- **Seeks challenges and learns from setbacks**
- **Forms and maintains healthy relationships**
- **Learns to identify and solve problems in her community**

Girl Scouts is more than an organization you join. You BECOME a Girl Scout!

Here are some ideas to get you started:

- Ask girls what they are passionate about and what kind of change they want to make in the world.
- Help girls find women and girl role models. Girl can find inspiration anywhere! Books, movies, family members, historic figures, girls acting with bravery today – the options are endless.
- Welcome a new girl into your troop and make a new friend
- Brainstorm ways to be a sister to others and put them into practice
- Help girls learn something new and confidently teach it to others
- Have ongoing conversations with girls on how they can use their courage, confidence, and character in everyday life:
 - Ask girls to share a time when they were brave
 - After activities, have girls share how they demonstrated courage, confidence, or character
 - Let girls pick out a part of the Girl Scout Law and design an activity around it
 - Ask girls how they can carry the Girl Scout Promise and Law into their everyday life

How to Participate:

Do at least 2 of the below activities to earn the patch

To order your patch visit: <http://bit.ly/gsakpatchorder>

1. *Earn the STEM Patch of the Month:* <https://www.girlscoutsalaska.org/patchprogram>
2. *Participate in a virtual program:* Join girls from across the council to learn something new! More information coming soon – check the event list for details:
<http://www.girlscoutsalaska.org/events>
3. *On Your Own Activities:* Do an activity with your troop or independently. Here are some ideas:
 - Write a letter to a woman who is important to you. It could be a family member, friend, teacher, member of the community, or someone else! Let her know why she is important to you and effect she has had on your life.
 - Did you know Juliette Gordon Low was a poet? Celebrate National Poetry Month by writing your own poem.
 - Elizabeth Peratrovich is an important person in Alaska (and United States) history. Do some research to find out what she did and why it was so important.
 - Read a book about an inspiring woman. Can't get to the library? Visit <https://adl.overdrive.com/> to check out an eBook. (Need some ideas? Check out this list: <https://www.stronggirl.com/books/mighty-girls-women>)
 - There may still be snow on the ground, but it's not too early to start thinking about gardening! Plant something indoors in honor of [Wangari Maathai](#). Wangari started the Green Belt Movement in Africa to empower communities, particularly women, to conserve the environment. She was the first African woman to receive the Nobel Peace Prize!
 - Did you know aquariums, paper bags, windshield wipers, the COBOL computer language, and modern home security systems were all invented by women? Think about a problem you'd like to solve then create something to solve it! Build a model of your invention, write about it, draw a picture, or something else!
 - Throw a sisterhood dance party! Pick some songs that inspire you and dance with your friends or family. (Stuck at home? Have a virtual dance party! Try using Facetime/Duo, [Zoom](#), Facebook Live, [Adobe Connect](#), or Google Hangouts)
 - One way Girl Scouts make the world a better place is through [Take Action](#) or [Highest Award](#) projects. Start planning one now by brainstorming issues you'd like to address in your community and ways you can solve them.
 - Plan your own activity!