

# 2023 Girl Scout Summer Camp



Exclusive registration for current Girl Scout members Feb. 1 through Feb. 6

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## Vision and Philosophy

#### Welcome to the wonderful world of Girl Scout camp!

Our camps are open to ALL girls, regardless of whether they are current Girl Scout members. Girl Scouts builds girls of courage, confidence, and character who make the world a better place. Our camps are designed to help girls discover the world around them, connect with other campers, and take action in their own lives and communities. That's what leadership is all about!



#### **Our Vision**

Our camps are committed to creating a community that helps campers unlock their potential and discover the world, while developing life skills.

#### **Our Program Philosophy**

We believe that everything that happens at camp is program, from cleaning the latrines to paddling a canoe. In our safe and supportive environment, girls become active participants in the learning process as counselors guide them in not only having fun but understanding the importance of how and what they are doing.

#### **American Camp Association (ACA)**

Camp Togowoods and Camp Singing Hills are accredited by the American Camp Association (ACA). We are proud to be Alaska's only accredited camps just for girls, meeting standards for health and safety, staffing, and program quality. ACA reviews every facet of our operation. Our ACA-trained directors oversee all camp programs operated by Girl Scouts of Alaska. For more information, visit the ACA website at <u>www.acacamps.org</u>.



**Goal 1:** Campers will grow in their personal skills and self-reliance. **Outcomes:** Girls will be more able to care for themselves, have a greater awareness of their strengths and weaknesses, be more willing to take appropriate risks, use leadership skills, and feel more capable of making a difference.

<u>**Goal 2:**</u> Campers will learn about their environment. <u>**Outcomes:**</u> Girls will feel more comfortable outdoors, become more aware of their surroundings, and learn ways to respect and care for the environment.

**<u>Goal 3:</u>** Campers will learn relationship and community-living skills. **<u>Outcomes:</u>** Girls will learn to work as a team, have a sense of belonging with others, and learn how to make new friends.

## **General Information**

### Why Camp is Important

We believe camp and childhood go together just as well as peanut butter and jelly. Summer camp is not only tremendously fun but is vitally important. Here are just a few reasons camp is so important:

- Camp presents a remarkable opportunity for your camper to widen her horizons, make new and lasting friends, and discover new strengths.
- The true payoff of camp will be apparent when your camper comes home more self-reliant, self-sufficient, and self-confident.
- Camp is a place where girls can "practice" growing up by stretching their social, emotional, physical, and cognitive muscles outside the context of their immediate families.
- Camp creates future leaders. At camp, girls get a close-up look at compassionate leadership through the camp staff. And, girls get loads of opportunities to practice being a leader themselves by voicing their feelings, making individual choices, and negotiating group decision making.
- Camp offers challenges that are real and that require a sustained effort to master. The sense of accomplishment girls get from mastering those challenges is real and enduring.
- Campers develop a personal sense of security and selfconfidence that will help them be comfortable in their own skin for the rest of their lives. Camp embraces the natural environment and allows girls to experience it.



### A Note About Safety...

Nothing is more important than the emotional and physical safety of our campers. Our programs allow campers to take healthy risks in a safe, nurturing environment. Our enthusiastic staff receive extensive training and are chosen for their maturity and ability to be a positive role model for your girl.



## Diversity, Equity, & Inclusion

Girl Scouts and Camp welcomes girls of every race, ethnicity, income level, sexual orientation, and religion, and reflects a spectrum of gender identity.

Camp is for Girl Scouts of varying abilities. Let us know how we can best include your Girl Scout in camp. Contact us at 907-248-2250 or **customercare@girlscoutsalaska.org**.

If your daughter has a physical, medical, or behavioral characteristic which requires additional assistance or supervision to participate fully or safely in camp, contact us at **<u>customercare@</u> <u>girlscoutsalaska.org</u>** or 907-248-2250 before registering to ensure we can accommodate her needs.



### **Camp Open Houses**

See if camp is right for you at one of our free **Camp Open Houses** on May 27!

- Camp Togowoods in Wasilla, May 27, 10 a.m. to 3 p.m.
- Camp Singing Hills in Chugiak, May 27, 10 a.m. to 3 p.m.

Or, join us for our **Virtual Camp Open House** on May 16!

• Zoom, May 16, 5:30 p.m. to 7:30 p.m. Register now.

Questions? Contact us at **<u>customercare@girlscoutsalaska.org</u>**.



#### If a Camper is Sick

If a camper has symptoms of communicable illness, including COVID-19, parents/guardians will be immediately notified. Campers experiencing symptoms of communicable illness or exposed to others with symptoms that cannot be attributed to pre-existing allergies or another condition will not be able to remain at camp. If the camp session is canceled due to COVID-19 or a camper is unable to attend camp due to personal illness or exposure, a full refund of the camp session fees will be made.

## Communicable Disease Plan & Policies

Camper and staff safety is our number one priority and is at the forefront of every decision we make. We are following local, state, and CDC guidelines as well as GSUSA and American Camp Association (ACA) recommendations.

Our camp communicable disease plan includes the following:

- Hand hygiene
- Cleaning and sanitizing
- Health screening procedures
- Staying home when experiencing symptoms that may indicate communicable diseases

In cases of increased community spread of communicable disease, additional measures may be taken, including:

- Illness screening (before, during and after camp sessions)
- Cohorting
- Physical distancing
- Ventilation (using more outdoor spaces)

Everyone on site (campers, staff, and parents) will be required to follow all policies. Our full summer policies will be provided in the parent handbook and in an email before the start of camp.

**Vaccines:** Covid-19 vaccines are highly recommended for campers this summer. Regular childhood immunizations are required or a completed and notarized exemption form is required prior to a camper attending camp. More information on the vaccines required can be found on the health form.

**Testing:** At Camp Togowoods (overnight camp), testing will be required as part of the check-in process.

**Masking:** At day camp masks may be required indoors or when not able to have physical distance from others. At overnight camp, masks may be required until rapid tests results return and campers are negative for Covid-19.

All health policies are subject to change.

## Registering and Paying for Camp



### **Register online:** <u>www.girlscoutsalaska.org/camps</u>

We are continuing to use CampBrain as our camp registration system this year. Returning camp families can log in with their previously created credentials. If you don't remember your password, click the "forgot password" link. New camp caregivers will be required to create a login. If you are unable to register online, please reach out at 907-248-2250 or email **<u>customercare@girlscoutsalaska.org</u>** and we will help you with your registration.

A \$60 non-refundable deposit per program must accompany each registration. For those programs that cost \$75 or less, the non-refundable deposit is \$15/program.

Campers who want to attend a session with a friend (buddy) of a similar age/grade must register for the same camp session as their buddy. Campers must also indicate the buddy they would like to be with on the Camper Information Form. We do not guarantee buddy placement.

If your daughter has a physical, medical, or behavioral characteristic which requires additional assistance or supervision to participate fully or safely in camp, contact us at **<u>customercare@girlscoutsalaska.org</u>** before registering to ensure we can accommodate her needs.

#### **Cancellations and Refunds**

Full payment is due two weeks prior to the start of the camp. A \$25 change fee will be assessed if a camper changes sessions or dates of attendance. Refunds of fees (excluding the deposit) are given if:

- Cancellation is made two weeks in advance
- Camper has moved out of the council
- Camper has a personal injury/illness confirmed by a physician
- Camper has been exposed to someone with symptoms of or a suspected/confirmed case of communicable disease (refund will include deposit)
- Family emergency

Cancellations must be emailed to **<u>customercare@</u> <u>girlscoutsalaska.org</u>**. Cancellations made less than two weeks before camp are subject to the full cost of camp. If registering within two weeks of the start of camp, full payment is due at the time of registration. Overpayment of less than \$5.00 due to council product credits will not be refunded.



## Registering and Paying for Camp

### **Product Credits**

If your girl sold Girl Scout Cookies in the 2022 or 2023 Girl Scout Cookie Program or the 2021 or 2022 Fall Product Program, every item sold gets her one step closer to camp. Each product credit is worth \$0.40 at camp.

Each camp session has a specific number of product credits in order for a camper to attend for free. Campers who sell Girl Scout Cookies or Fall Product but do not have enough for a free session will have their credits applied at \$0.40 per credit. See individual sessions for the amount of Product Credits needed to earn a free session.

The oldest credits will be applied first in order for girls to maximize their use of credits. For multiple camps, Council Product Credits will be applied to a girl's registrations in the order those registrations are received. This summer girls can share their credits and help another girl cover the cost of attending camp.

For even more details on how you can use credits and full details on how credits will roll over: <u>www.girlscoutsalaska.org/registerforcamp</u>

Credits may be claimed one time only. Credits are only good at Girl Scouts of Alaska camps. Families with product sales or camp delinquencies may be ineligible to use credits or apply for camp scholarships. Please contact the council at **<u>customercare@girlscoutsalaska.</u> org** if you have an outstanding balance.

## Help send a girl to camp:

If you would like to donate a registration to someone less fortunate, please donate at <u>www.</u> <u>girlscoutsalaska.</u> <u>org/donate</u>



## **Tiered Pricing**

## Tier 1

The actual cost of operating camp, including:

- basic costs of camp including food, staff, supplies, and other operational costs.
  - long-term maintenance, wear and tear to the camp facilities

## Tier 2

This partially subsidized cost covers:

- basic costs of camp including food, staff, supplies, and other operational costs
- contributes to covering long-term facility costs

## Tier 3

The standard fee that all families are asked to pay. This is the cost that most closely aligns to our traditional pricing structure and covers basic costs of camp including food, staff, supplies and other operational costs.

## **Tiered Pricing FAQs**



#### If I pay a higher/lower tier, will that affect my child's camp experience?

No. Your choice is confidential, and girls' counselors will never know which tier was selected. All girls will get the same high-quality camp experience regardless of the tier you pay. We don't prioritize waitlists, honor buddy requests, or make any other decisions based on which tier was chosen.

#### Is there pressure to pay one of the higher tiers?

No. The choice is voluntary, and we will never pressure you to pay at a higher level than you are comfortable.

#### Do I need to provide income verification if I pay at a lower tier?

No verification is required to pay any of the tiers. We also do not require income verification for the campership application.

#### How does tiered pricing impact camperships?

Camperships are available to any girl who needs assistance. If you are requesting financial aid you should select the lowest tier (Tier 3) rate.

#### After I register, is it possible to change the tier selected?

Yes, you can change the tier selected up until the point you pay the balance on your account. Regardless of the tier selected, you must pay a \$60 deposit per program when you register. Full payment is due two weeks before the camp session.

If your circumstances or preferences change before paying the balance, you can change the tier by contacting our Anchorage office. We will not charge a change fee for this change. We do not offer refunds on fees that have already been paid except in the circumstances outlined in our policies.

## **Camperships (Financial Aid)**





Camperships provide assistance to girls who wish to attend camp.

- Any girl may apply
- Families must show there is a need for financial assistance. Need is defined that without assistance your camper would not be able to have a camp experience
- Families with product sales or camp delinquencies may be ineligible to use credits or apply for scholarships. Please contact the council at <u>customercare@girlscoutsalaska.org</u> if you have outstanding balances.
- The girl's family will be expected to pay a minimum payment of \$60.00. If families have difficulty paying the deposit, contact the Anchorage office.
- Campership assistance is awarded up to 90% of the camp fee depending on family size and income.
- TWO sessions of camp per camper may be funded. More than one of your children may apply for a campership. Your camper may apply for a campership even if she has received one in the past.
- You will receive notification of campership granted after we have added it, and your balance will be due in late April/early May.

Apply for a campership online at the same time you register for camp.

For questions about camperships, contact us at 907-248-2250 or **customercare@girlscoutsalaska.org**.



## Welcome to Day Camp!

Girl Scout Day Camp is a wonderful way to experience all the fun of camp and still return home each evening! With guidance from professional leadership and quality staff, day camp is a great place for girls to stretch their limits and widen their horizons. Camper groups are typically made up of 15 campers and two counselors. Girls are grouped by age and will likely have multiple grade levels in each group.



Day camps are held at Camp Singing Hills in Chugiak, which has a lake, forest,

lodge, and trails; and Juneau Day Camp is located at Sandy Beach in Douglas and has a beach, forest, and trails. (Juneau program is partially funded by the citizens of the City and Borough of Juneau through sales tax revenues.) Community day camps are also located in communities throughout Southeast, Southcentral, and Southwest Alaska (pg. 16).

At all camp locations, Girl Scout Day Camp is based on the Girl Scout Leadership Experience:

**Discover** the leader inside yourself and the world around you;

**Connect** with others; and

### **Take Action** to make the world a better place.

Each week of camp will focus on the pillars of Girl Scouts (STEM, outdoors, life skills, and entrepreneurship). Every week of camp also incorporates social-emotional/character development as girls challenge themselves, try new things and work together as a team and with their counselors. (Of course, each week girls will have a chance to try all the activities camp has to offer.)

Girls at every camp location will spend the majority of time outdoors to ensure adequate ventilation and physical distancing. Campers will have access to indoor space or cover in the case of inclement weather.

## **Getting to Day Camp**

Bus service will be offered to Singing Hills in summer 2023. Late fees will apply in 2023. Specific information will be provided in the parent handbook and in an email before the start of your camp session.

### **Bus information**

Girl Scout Day Camp at Singing

Hills offer bus service to and from camp for an additional **\$60 per week.** Camp staff supervise buses. Buses leave as scheduled. A late fee will be charged to parents/guardians who arrive after the scheduled pick-up time. Make sure to indicate your bus choice on the registration form.

#### Anchorage and Juneau Day Camps

### Drop Off/Pick Up Times

Drop off: 8:45-9:00 am

Pick up: is 5:00-5:15 pm.

#### **Anchorage Bus**

Loussac Library Drop off: 8:15-8:30 a.m. Pick up: 5:50 p.m.

Begich Middle School Drop off: 8:30-8:50 a.m. Pick up: 5:30 p.m.

#### **Check out our camps!**

**May 16:** Virtual Open House

**May 27:** Open House Singing Hills and Togowoods

For more info, see page 3.

### Late fees

Parents/guardians who arrive after the scheduled time to pick up their child at camp or the bus will be charged the following late fees:

First five minutes\$5.00Six-ten minutes\$10.00Eleven-fifteen minutes\$15.00After fifteen minutes\$20.00

Late fees must be paid at the time they are incurred. Late fees apply to Girl Scout Day Camp at Singing Hills and in Juneau.

## Discover: Girl Scout Camp

Come discover what Girl Scout Camp is all about! The Girl Scout Camp program gives girls a classic and timeless summer camp experience. Campers will try everything camp has to offer including arts and crafts, nature hikes, environmental education, and more. Some activities will be new, encouraging campers to stretch, and some familiar, reinforcing girls' confidence in their skills. Camp Singing Hills campers will also have the opportunity to try canoeing.

### Juneau

Session Dates:

#### 5-day Camp

June 5-9: Rising Grade Level: K-6

> Tier 1: \$435 Tier 2: \$365 Tier 3: \$275

500 Product Credits sold = free session

### **Singing Hills**

Session Dates:

#### **5-day Camp**

June 5-9 Rising Grade Level: K-6

June 19-23 Rising Grade Level: K-6

July 10-14 Rising Grade Level: K-6

July 24-28 Rising Grade Level: K-6

August 7-11 Rising Grade Level: K-6

> Tier 1: \$465 Tier 2: \$385 Tier 3: \$305

500 Product Credits sold = free session





### **Singing Hills**

Session Dates:

#### 5-day Camp

June 12-16 Rising Grade Level: K-6

June 26-30 Rising Grade Level: K-6

July 17-21 Rising Grade Level: K-6

July 31- Aug 4 Rising Grade Level: K-6

> Tier 1: \$465 Tier 2: \$385 Tier 3: \$305

500 Product Credits sold = free session



### Juneau

Session Dates:

**5-day Camp** 

June 12-16 Rising Grade Level: K-6

> Tier 1: \$435 Tier 2: \$365 Tier 3: \$275

500 Product Credits sold = free session

## Discover: Nature

Girls will explore the ecosystems of camp, hike trails, do environmental education activities, and spend time getting to know their Alaska backyard environment with daily nature activities. Art, games, and canoeing (at Camp Singing Hills) will also be part of the camp week.

## New This Year: Singing Hills One-Day Camp

This year, week five of camp at Singing Hills will be series of one-day camp sessions focused on one topic. Girls must sign up for each one-day session they want to attend.

### **Amazing Animals**

From tiny ants to huge moose, Alaska is home to a wide variety of animal friends. In this camp, girls could learn how frogs survive the winter, practice what to do when they encounter wildlife, or tell stories from the perspective of their favorite animal. Campers will participated in all the traditional camp activities like art, songs and games, and canoeing, all with an animal twist!

### **Outdoor Adventurer**

Adventure awaits! Outdoor Adventurer campers will explore the natural world of Camp Singing Hills over land and water (in canoes). Learn to build a shelter, help a friend using first aid, or canoe to the far shores of Edmond's Lake. As a group you will choose your day's adventures at camp.

### **Girl Scout Badge Explorer**

Are you ready to explore the outdoors? Earn your Trail Adventure Badge at camp this summer. Girls will plan and go on an adventure while learning about safety, navigation, and teamwork in the outdoors. Campers will also experience traditional camp activities like art, songs and games, and canoeing. Campers will leave with their Trail Adventure Badge in hand.

### **Discover Hiking**

Prepare for your hiking adventure at camp by building outdoor skills like navigation, safety, and teamwork; then take an afternoon trip to a nearby trail such as Eagle River Nature Center, Arctic Valley, Reflections Lake, or Matanuska Lakes State Rec Area. All hikes will focus on exploration and skill-building and the program is open to girls with a variety of hiking abilities. Girls will meet at Camp Singing Hills and be transported to their hike location by 15-passenger van. Hiking counselors will be certified in Wilderness First Aid and trained in safety and emergency procedures.

## Singing Hills One-Day Camp

### Pricing

### Amazing Animals

Tier 1: \$105 Tier 2: \$90 Tier 3: \$75

175 Product Credits sold = free session

**Outdoor Adventurer** Tier 1: \$105 Tier 2: \$90 Tier 3: \$75

175 Product Credits sold = free session

#### **Girl Scout Badge Explorer**

Tier 1: \$110 Tier 2: \$95 Tier 3: \$80

180 Product Credits sold = free session

#### **Discover Hiking**

Tier 1: \$115 Tier 2: \$100 Tier 3: \$85

200 Product Credits sold = free session

### **Session Dates**

**Amazing Animals** July 5 Rising Grade Level: K-6

**Outdoor Adventurer** July 6 Rising Grade Level: K-6

**Girl Scout Badge Explorer** July 7 Rising Grade Level: K-6

**Discover Hiking** July 5 Rising Grade Level: 6-8

July 6 Rising Grade Level: 4-5

July 7 Rising Grade Level: 2-4



## Program Aide Sessions & Older Girl Camp

### Program Aide (PA)

Camp develops courageous and confident leaders. Under the guidance of our caring counselors, campers in the Program Aide (PA) program develop their leadership skills with hands-on experience working with younger campers. Of course, girls will get to experience everything camp at camp from songs and games to nature hikes.

This summer, all-day camp locations will offer a PA option. Girls must have completed a PA workshop with Girl Scouts of Alaska prior to the first time they attend camp as a PA.

### Program Aide (PA) Workshop

**This workshop** is a prerequisite for girls signing up for a PA session at day camp this summer. An online PA workshop is available for girls to complete. Troop leaders and parents will be able to access the sessions at the link above. In order to complete the workshop, girls should complete all sessions. For questions contact **customercare@girlscoutsalaska.org**.

- **Session Dates:** Any 5-day camp held at Singing Hills, in Juneau or at community day camp. There are no PAs for 1-day camps. Girls can sign up for one week of PA each summer.
- Rising Grade Level: 7-12

**5-day Camp** Tier 1: \$80 Tier 2: \$70 Tier 3: \$60 150 Product Credits sold = free session





### **Camp for Girls Grades 7-8**

Girls in grades 7-8 also have the option to attend Discover Hiking 1-Day Camp on July 5 at Singing Hills or challenge themselves to an overnight camp water or wilderness experience.

#### Southeast

Tier 1: \$80 Tier 2: \$70 Tier 3: \$60

150 Product Credits sold = free session

Southcentral (Homer/Kodiak) Tier 1: \$260

Tier 2: \$210 Tier 3: \$160

300 Product Credits sold = free session

#### **Southwest** Free with a suggested

\$50 donation

## Community Day Camp

Our enthusiastic staff will be traveling to communities throughout Alaska to offer weeklong camp programs. During their week at camp, girls will learn outdoor skills, explore nature through environmental education activities, STEM (Science, Technology, Engineering, and Math) activities, arts and crafts, and a community service project.

Girls may pre-register for camp or register on their first day at camp. Camp locations serve as an initial meeting place. Campers will not spend all day at/inside the meeting location.

Camp runs 9 a.m. to 5 p.m. in Homer, Kodiak. and Juneau. All other community locations run from 10 a.m. to 5 p.m. The dates of camp listed below are tentative. We'd love your input. Give us feedback on the potential camp dates in your community: <u>www.surveymonkey.com/r/WC5ZTFD</u>

Rising Grade Level: K-12

#### **Session Dates:**

June 5-9 - Juneau

June 12-16 - Juneau

June 19-23 - Prince of Wales June 19-23 - Gustavus

> June 26-30 - Wrangell June 26-30 - Haines

July 3-7 - Kake July 3-7 - Hoonah

July 10-14 - Yakutat July 10-14 - Skagway July 10-14 - Bethel

July 17-21 - Sitka July 17-21 - Angoon

July 24-28 - Dillingham July 24-29 - Metlakatla

July 31-August 4 - Homer July 31-August 4 - Ketchikan

August 7-11 - Kodiak August 7-11 - Petersburg

## Welcome to Overnight Camp!

#### **Overnight Camp**

At overnight camp, every day is a chance to do something different, meet new people, and challenge yourself. With professional leadership, high-quality staff, and small camper groups with a high counselor-to-camper ratio, overnight camp will feel like a home away from home.

Camper groups are generally made up of 8-12 girls and two counselors. Camper groups attend daily activities together. Special care is taken to ensure that each camper is given challenging opportunities along with basic skill-based instruction. Girl Scouts of Alaska overnight camp is at Camp Togowoods in Wasilla.

### **Camp Togowoods**

Girls from across Alaska attend Camp Togowoods every summer. Camp Togowoods is located on more than 400 beautiful acres along

**Check out our camps!** 

**May 16:** Virtual Open House

**May 27:** Open House Singing Hills and Togowoods

For more info, see page 3.

the shores of Three Mile Lake near Wasilla. Girl Scouts of Alaska owns the property. It encompasses five ecosystems to explore, including our wetlands boardwalk. All Camp Togowoods campers enjoy arts and crafts, nature hikes, environmental education, swimming, canoeing or kayaking, and outdoor cooking. Campers sleep in platform tents (wooden floors, cots, and mosquito netting), bringing the outdoors within reach. Campers have a sense of independence with the security of counselors living in an adjacent tent. For information on how to fund your camper's camp experience, see pages 6-9.

#### **Traveling to Camp**

Girls travel to camp by car and by plane. If your camper is traveling by plane, camp staff will meet her at the airport. Parents are responsible for making travel arrangements. Before making travel arrangements check the parent handbook for specifics on arrival and departure times.

We do not provide bus transportation to Camp Togowoods. If transportation is a barrier for your family, contact us at 907-248-2250 or **customercare@girlscoutsalaska.org**.

Drop off: 2:30 to 3:30 pm

Pick up: is 4:30 to 5:30 pm



### **Session Dates:**

**Three-day camp** June 5-7 Rising Grade Level: 1-5

July 13-15 Rising Grade Level: 1-4

**Four-day camp** July 17-20 Rising Grade Level: 2-6

**Six-day camps** June 9-14 Rising Grade Level: 4-6

June 17-22 Rising Grade Level: 2-5

June 25-30 Rising Grade Level: 4-7

July 23-28 Rising Grade Level: 6-9

July 31 - Aug 5 Rising Grade Level: 3-5

August 8-13 Rising Grade Level: 3-6

### Pricing

#### Three-day camp

Tier 1: \$375 Tier 2: \$325 Tier 3: \$275

500 Product Credits sold = free session

Four-day camp

Tier 1: \$525 Tier 2: \$450 Tier 3: \$375

600 Product Credits sold = free session

> **Six-day camp** Tier 1: \$695 Tier 2: \$595 Tier 3: \$495

750 Product Credits sold = free session

## Girl Scout Camp Program

Our Girl Scout Camp program provides a variety of experiences for all campers – new and returning. Some activities will be new, encouraging campers to stretch, and some familiar, reinforcing girls' confidence in their skills. No matter the experience, all our activities will contribute significantly to your camper's growth. During the Girl Scout Camp program, girls experience the core of what camp is all about.

The Girl Scout Camp program gives girls a classic and timeless summer camp experience and includes activities such as art, boating, environmental education, team building and more. Camper groups are arranged by age.

## Water Programs

When your camper participates in one of our water programs, she experiences all the fun of our Girl Scout Camp program (page 18) while building paddling skills during daily program blocks at the waterfront. Campers explore our lake and practice their paddling with our Small Craft Safety-trained staff. Togowoods offers canoeing, kayaking, and recreational row boating. As girls gain paddling skills they have the opportunity to participate in progressively challenging adventures.

### **Session Dates:**

Wet and Wild July 23-28 Rising Grade Level: 4-5

#### **River Runners**

July 23-28 Rising Grade Level: 9-12

#### **Paddlers Paradise**

July 31 - Aug 5 Rising Grade Level: 6-8

### Pricing

Wet and Wild

Tier 1: \$695 Tier 2: \$595 Tier 3: \$495

750 Product Credits sold = free session

#### **River Runners**

Tier 1: \$825 Tier 2: \$725 Tier 3: \$625

800 Product Credits sold = free session

#### **Paddlers Paradise**

Tier 1: \$745 Tier 2: \$645 Tier 3: \$545

750 Product Credits sold = free session

Wet and Wild campers spend time in or on the water each day as they swim, boat, and play water games.

Paddler's Paradise campers test skills on a half-day kayak trip on Cottonwood Lake and Mud Lake.

River Runners campers experience the ultimate challenge (and thrill) on a halfday river raft trip on Matanuska River with NOVA River Runners. For participant and group safety, NOVA has height and weight requirements for participants. Participants must be between 100 and 265 lbs in weight and between 5ft 2in and 6ft 6in in height.

## Wilderness Adventure Programs

Wilderness trips take courage, confidence, and character to the limit. In small groups, girls

quickly learn to count on each other. You have to paddle or hike together or you don't get there. There is no one to do it but you, and you can do it.

Our trip programs teach girls outdoor skills. More importantly, our wilderness trips lay a solid foundation for leadership, teamwork, and self-confidence throughout girls' lives.

All trek programs spend time in remote wilderness areas and at many points on-trail, groups will be more than two hours from professional medical care. Staff are trained in emergency backcountry procedures, carry satellite phones, and at least one staff member is certified in Wilderness First Aid. All programs



require a properly fitted backpack, wilderness-rated packable sleeping bag, and hiking boots. Campers should be able to carry a 20-30-lb. backpack and, for canoeing treks, share the weight of carrying an 80-lb. canoe for up to a mile over land. All wilderness campers also experience the fun of our Girl Scout Camp programs (page 18). Trips are based out of Camp Togowoods.

Check out the trip progression chart below to help you and your camper choose the right adventure. Parents and campers self-select the right trip level based on ability. For help, contact us at **customercare@girlscoutsalaska.org** or 907-248-2250.

	Grades 4-5	Grade	es 6-8	Grades 8-10
Canoe	<b>Sojourners</b> Learn basic camping skills (cooking, orienteering, minimal- impact camping) and	<b>Voyagers</b> Practice and gain confidence in your paddling and camping skills with an overnight canoe adventure at Nancy Lakes.	Nancy Lakes Improve your canoeing and learn how to portage a canoe with a 3-day paddle in the Nancy Lake System.	
Backpack	practice them on a rustic canoe overnight on-site at Togowoods.	<b>Trekkers</b> Enjoy an overnight backpack trip in Hatcher Pass as you practice your camping skills.	Hatcher Pass Practice your back packing and camp skills on a 3-day trip in Hatcher Pass.	Johnson Pass Challenge yourself on a 4-day backpacking trip over Johnson Pass in Chugach National Forest.





### **Session Dates:**

**Trekkers** June 9-14 Rising Grade Level: 6-8

Hatcher Pass June 17-22 Rising Grade Level: 6-8

**Voyagers** June 25-30 Rising Grade Level: 6-8

**Johnson Pass** July 13-20 Rising Grade Level: 8-10

**Nancy Lakes** July 31 - Aug 5 Rising Grade Level: 6-8

**Sojourners** August 8-13 Rising Grade Level: 4-5

### Pricing

Trekkers, Hatcher Pass, Voyagers, Nancy Lakes Tier 1: \$775 Tier 2: \$675 Tier 3: \$575

800 Product Credits sold = free session

Sojourners

Tier 1: \$745 Tier 2: \$645 Tier 3: \$545

750 Product Credits sold = free session

Johnson Pass Tier 1: \$1025 Tier 2: \$925 Tier 3: \$825

1000 Product Credits sold = free session







## Lead On

Camp develops courageous and confident leaders. Girls of all ages practice decisionmaking, communication with others, and work on conflict-resolution skills. Our Lead On campers also participate in leadership discovery activities. Throughout a week of hands-on activities, girls will put leadership skills to work. Of course, girls will get to experience everything at camp from hiking to art to boating and more.

Girls who complete Lead On are eligible to retun to camp for a free Lead On: Take Action session, where girls will further develop their leadership skills with hands-on experience as a leader for younger campers. Lead On: Take Action campers will have time each day to debrief together as a group and will sleep in tents with other Lead On: Take Action campers.

Lead On meets the requirements for the Counselor in Training (CIT) program. Girls may attend Lead On multiple summers and earn their Counselor in Training (CIT) II pin.

### **Session Dates**

**Lead On** June 9-14 Rising Grade Level: 9-12

**Lead On: Take Action\*** June 17-22 Rising Grade Level: 9-12

### Pricing

Lead On Tier 1: \$695 Tier 2: \$595 Tier 3: \$495

750 Product Credits sold = free session

**Lead On: Take Action** Free\*

\*Campers must attend Lead On in summer 2023 to be eligible for this session.



# **girl scouts** of alaska

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## Why getting outdoors really matters:

Girl Scouts seek challenges in the world. They develop positive attitudes toward learning, seek opportunities for expanding their knowledge and skills, set challenging goals for themselves, and take appropriate risks. Girl Scouts are resourceful problem solvers. They can use their knowledge and skills to set up and implement creative and effective action plans, locate the tools and resources they need, and know when, where, and how to enlist help from others.

Girl Scouts promote cooperation and team building. They recognize the value of working together and learn to make decisions that benefit the whole group. They can build effective teams, learn to be accountable for shared goals, and show recognition for others' contributions and accomplishments.

Girl Scouts develop a strong sense of self. They have confidence in themselves and their abilities, feel they can achieve their goals, and form positive gender, social, and cultural identities.



### For over 100 years,

Girl Scouts have discovered, explored, and strengthened their outdoor skills and commitment to environmental stewardship through Girl Scouting. Guided by supportive adults and peers, Girl Scouts discover the wonders of nature, experience the thrill of adventure, and challenge themselves and one another to reach new heights! Girl Scouts' outdoor programming features a variety of fun, challenging, and experiential activities that empower Girl Scouts as they develop attitudes, skills, and behaviors essential to effective leadership in the outdoors:

*Outdoor Competence:* Girl Scouts engage safely and responsibly in a range of outdoor activities (e.g., practicing Leave No Trace and knowing what to bring to be prepared in the outdoors).

*Outdoor Confidence:* Girl Scouts have confidence in their outdoor abilities and are willing to try new and challenging outdoor activities.

*Outdoor Interest:* Girl Scouts have a love of nature and an interest in the natural world.

*Environmental Stewardship:* Girls understand how their behaviors impact the environment and what they can do to protect the natural world.

### Not a Girl Scout yet? No problem!

You don't have to be in a troop or participate in Girl Scouts during the school year to go to camp! Invite your friends, cousin, or cool neighbor! They'll just need to become a Girl Scout member while registering for camp. Memberships are \$30 and financial assistance is available.