



2020—2021 Patches of the Month

Patches in this series include: All About Girl Scouts, Let Your Character Shine, Lead the Way, Bzzzness Builder, STEM, Soar with Sisterhood, Take Action, and Climb Your Mountain

Before you get started, check the patch order form or email customercare@girlscoutsalaska.org to be sure patches are available.

These patches include live events and activities from 2020 and 2021. Feel free to substitute your own activities as needed.



October 2020

All About Girl Scouts



Girl Scout Connection:

Girl Scouts builds girls of courage, confidence and character who make the world a better place. Girl Scouts are guided by the Girl Scout Promise and Girl Scout Law.

No matter the type of activity (and Girl Scouts offers a huge variety) girls can develop Girl Scout values.

Make the Connection:

Girl Scouts isn't just something a girl does, it's who a girl **IS**.

Even when a girl isn't at a Girl Scout meeting she is guided by the Girl Scout Promise and Law.

Sarah Eliassen, our first Camp Togowoods director, says that with the Girl Scout Law to guide you, you can't go wrong. Holding the door open for someone—that's an act of kindness or as it's stated in the Girl Scout Law, it's being "friendly and helpful". Apologizing when you say something hurtful—that's being "responsible for what I say and do".

Take advantage of opportunities throughout your day (or troop meeting) to acknowledge when girls do or say something that embodies Girl Scouts. Or, when a girl is struggling ask her "what would a Girl Scout do in this situation?" or "How can you be (insert a Girl Scout value like courageous or considerate) right now?"

Make it Girl-Led:

Being **Girl-Led** is a cornerstone of the Girl Scout program. That means girls get to have an age appropriate voice in deciding what she does and how she does it in Girl Scouts.

This can be as simple as giving her a choice between two badges or as open-ended as asking "what do you want to try?" or "what goals do you have?"

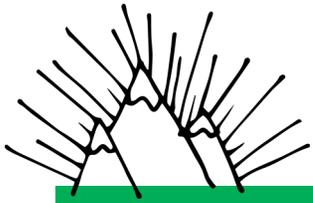
A great place to start is by looking at upcoming Girl Scout events, badges (log in to the Volunteer Toolkit or look at the online store) and asking what girls find interesting. Their interests might not be your cup of tea or even something you know how to do. That's okay—most Girl Scout program includes adult facilitation guides. Better yet, ask girls to learn about the topic and teach you. It's a huge confidence booster for girls to teach adults something!

To earn the patch:

- Make sure you are [registered](#) for this year
- Complete at least three activities on the calendar or try one of your own!

Order online here: <https://www.girlscoutsalaska.org/patchprogram>





OCTOBER 2020

ALL ABOUT GIRL SCOUTS!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Be sure to check girlscoutsalaska.org/events for the most up-to date information!</p>				1 Try an activity from Girl Scouts at Home	2	3 Are you signed up for the Fall Product Program ?
4 Try a new recipe—make yourself a snack or cook dinner for your family!	5	6 Awesome Girls Read-Along: A Book for Escargot 1:30pm AK Time	7 Go for a walk –what do you notice? What do you wonder?	8 	9	10 Girl Scouts Change the World Celebration (Junior–Ambassador) 12:00 PM AK Time
11 Celebrate International Day of the Girl and try a #HearMeNow activity from WAGGGS	12	13 Celebrate Ada Lovelace Day and do some coding	14 Sloth Science (K-3) 5:30 AK Time Sloth School (4+) 6:30 AK Time	15 	16 Work on the STEM Patch of the Month	17
18	19 Fall Product Sale: In-person girl order taking and girl delivered online order taking ends	20	21 Grit and Mental Toughness with Sonja Wieck 6:00 AK Time	22 Awesome Girls Read-Along: Pinkalicious 1:30 pm AK Time	23 Start of the National Council Session	24 
25 Send a letter or postcard to someone you care about	26	27 	28	29 What are you grateful for? Write it down or share with a friend.	30	31 Happy Birthday Juliette Gordon Low!

Resources

Activity Links:

- GSUSA Girl Scouts at Home: <https://www.girlscouts.org/en/girl-scouts-at-home/activities-for-girls.html>
- Ada Lovelace: https://en.wikipedia.org/wiki/Ada_Lovelace
- Code.org: <https://studio.code.org/>
- GSAK Patch of the Month: <https://www.girlscoutsalaska.org/patchprogram>
- Fall Product Program: <https://www.girlscoutsalaska.org/en/cookies/fall-product-sale/fall-product-sale-participants.html>
- International Day of the Girl: <https://www.unicef.org/gender-equality/international-day-girl-2020>
- #HearMeNow Activities: <https://www.wagggs.org/en/resources/hear-me-now-international-day-girl-2020/>
- Juliette Gordon Low Biography: <https://www.girlscouts.org/en/about-girl-scouts/our-history/juliette-gordon-low.html>

Registration Links:

(GSUSA) Awesome Girls Read Along: A Book for Escargot: <http://girlscoutsathome.girlscouts.org/girlscoutsathome/detail/324/1602019800000>

(GSAK) Sloth School K-3: https://www.girlscoutsalaska.org/en/events-repository/2020/sloth_school_virtual.html

(GSAK) Sloth School 4+: https://www.girlscoutsalaska.org/en/events-repository/2020/sloth_school_virtual_2058388977.html

(GSAK) Grit & Mental Toughness: https://www.girlscoutsalaska.org/en/events-repository/2020/grit_and_mental_toug.html

(GSUSA) Awesome Girls Read Along: Pinkalicious: <http://girlscoutsathome.girlscouts.org/girlscoutsathome/detail/325/1603402200000>

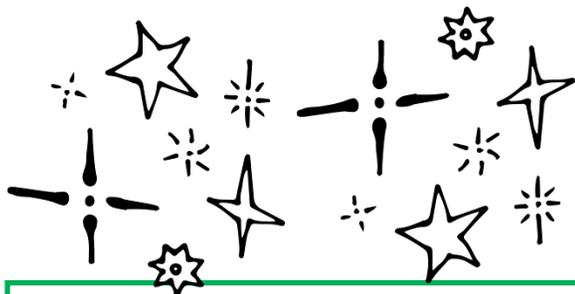
(GSUSA) Awesome Girls Read Along: A Book for Escargot: <http://girlscoutsathome.girlscouts.org/girlscoutsathome/detail/324/1602019800000>

(GSUSA) Girl Scouts Change the World Celebration: <https://www.eventbrite.com/e/girl-scouts-change-the-world-registration-121416222189>

(GSUSA) National Council Session: <https://www.girlscouts.org/en/about-girl-scouts/national-council-session.html>

Other Resources:

- Did you know many Girl Scout Badges are linked to both Common Core and state educational standards? Find out more here: <https://www.girlscouts.org/en/adults/educators/curriculum-standards.html>
- Curious about the impact Girl Scouts can have? Check out the Girl Scout Research Institute (GSRI) - <https://www.girlscouts.org/research>



November 2020

Let Your Character Shine



Girl Scout Connection:

Girl Scouts build girls of courage, confidence and **character** who make the world a better place. Discovering, using and developing character strengths like grit, gratitude, optimism, curiosity and self-control are built into all Girl Scout programming. For example, when girls work on a new badge topic, they are building both their curiosity (they are learning new things) and their grit (they are sticking with the concept even when it's hard and they don't succeed the first time).

Make the Connection:

Difficult situations are opportunities to let your character shine. COVID has caused many challenges for families and girls from virtual school to spending all your time with the people in your household. When you face a challenging life situation (or are doing a Girl Scout program) take a moment to point out which character strength girls can tapped into. For example, if an internet lag is causing frustration with a Zoom class, you can point out how it is self-control that helps us stay calm and not yell in anger and how zest can help us stay excited about learning even when it's hard. Discussing with a girl how she can use character strengths, pointing out when she uses those strengths AND articulating when you use a strength are all great ways to make the character connection.

Make it Girl-Led:

Everyone has different strengths and areas for character growth. Ask girls which strength they want to develop and how they want to do it. Empower girls to come up with techniques and then to teach those techniques to others. Here are a couple of example:

- If girls are interested in gratitude, ask them to come up with ways you can create a daily gratitude practice. Let her be in charge of teaching her family (your troop) and finding a time each day to do it.
- If girls are interested in curiosity, ask them to look through Girl Scout badges and virtual events to see what they want to learn about. Show them how to find experts on the topic they can learn from.

Need help knowing what character strengths to pick from?

Check out www.characterlab.org.

To earn the patch:

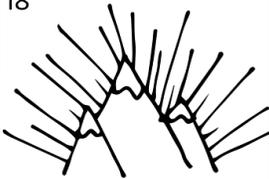
- Make sure you are [registered](#) for this year
- Complete at least three activities on the calendar or try one of your own!

Order online here: <https://www.girlscoutsalaska.org/patchprogram>



November 2020

Let Your Character Shine

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 Start on the STEM patch of the month	2	3 National Election Day	4 	5 The Road to Global Travel: Junior Troop Series 3:00pm AK Time	6 Celebrate National Nachos day! What's your favorite topping?	7	
8 Grit means sticking with a goal for along time, even when you fail. Practice bouncing back with this STEM experiment	9 	10	11 Celebrate Veterans Day by brainstorming ways you can help Veterans in your area. Then make a plan & Take Action!	12 Break it Down: Learn to Breakdance 5:30 AK Time	13 Celebrate World Kindness Day —How could you be kind to someone today?	14 	
15 Think Like a Programmer Virtual Journey: C/S/A (5 Week Series)	16	17 Meet a Forester 5:30pm AK Time	18 	19 Awesome Girls: Check Out the Fine Print 1:00 pm AK time	20	21 Feeling overwhelmed? Try a little mindfulness by focusing on your breathing for 10 breathes.	
22	23 Take time to read a book, graphic novel ,or poem. Have one you love? Recommend it to a friend!	24 	25	26 Happy Thanksgiving! What are you grateful for? Write it down or share with someone.	27 #OptOutside—Go for a walk, play at the park, or even just spend some time in your yard!	28	
29 	30 Curiosity is part of your character—what are you curious about? Pick something to investigate. What did you learn?	Be sure to check girlscoutsalaska.org/events for the most up-to date information!					

Resources

Activity Links:

- Character Basics: <https://characterlab.org/>
- GSUSA Girl Scouts at Home: <https://www.girlscouts.org/en/girl-scouts-at-home/activities-for-girls.html>
- GSAK Patch of the Month: <https://www.girlscoutsalaska.org/patchprogram>
- G-Team TV: <https://www.youtube.com/watch?v=lxXvpHV8rno&list=PLZaWZO965rJ2h1lozvBZJNnzCkaAPWnLF> (new episodes every Thursday)
- World Kindness Day: <https://www.randomactsofkindness.org/world-kindness-day>
- Build a Robot Hand: <https://www.sciencebuddies.org/stem-activities/build-a-robot-hand>

Registration Links:

- GSUSA: The Road to Global Travel: Junior Troop Series <http://girlscoutsathome.girlscouts.org/girlscoutsathome/detail/594/1604620800000>
- Think Like a Programmer Virtual Journey: Cadette/Senior/Ambassador: https://www.girlscoutsalaska.org/en/events-repository/2020/think_like_a_program.html
- Break it Down: Learn to Breakdance: https://www.girlscoutsalaska.org/en/events-repository/2020/break_it_down_learn_.html
- GSAK: Meet a Forester https://www.girlscoutsalaska.org/en/events-repository/2020/meet_a_forester.html
- GSUSA: Awesome Girls: Check out the Fine Print: <http://girlscoutsathome.girlscouts.org/girlscoutsathome/detail/635/1605823200000>

Other Resources:

- How to Talk to Your Kids About Voting: <https://www.girlscouts.org/en/raising-girls/leadership/life-skills/how-to-vote-with-kids.html>
- Did you know many Girl Scout Badges are linked to both Common Core and state educational standards? Find out more here: <https://www.girlscouts.org/en/adults/educators/curriculum-standards.html>
- Curious about the impact Girl Scouts can have? Check out the Girl Scout Research Institute (GSRI) - <https://www.girlscouts.org/research>
- Grit Scale: <https://angeladuckworth.com/grit-scale/>



December 2020

Lead the Way



Girl Scout Connection:

Girl Scouts believes in the leadership potential of every girl. In Girl Scouts, girls have opportunities to be a leader today AND build leadership skills for the future. Leadership is the bedrock of every Girl Scout activity. No matter what a girl does in Girl Scouts—sell cookies, a craft project, go camping, a science experiment—it offers her leadership opportunities.

Adults play a key role in ensuring these leadership opportunities are available to girls. This girl/adult partnership happens when adults model leadership while also letting girls be age appropriate decision makers.

Make the Connection:

Girl Scouts Research Institute studies have shown that girls have a diverse view of leadership. They don't think that a leader has to be the person telling everyone what to do or the one who speaks the loudest. Girls also think people who encourage, work behind the scenes, offer assistance and work in a team can be leaders.

This means that however a girl is participating in a Girl Scout or household activity they have a chance to be a leader. Start by asking her *“how would you like to be a leader in this activity?”* If needed, you can re-frame what she says into a leadership statement. For example, if a girl says she just

wants to participate, not a be a leader. You can respond *“Great, so you're going to lead by example. Others will see the way you're actively participating and having fun. That's a great way to lead.”*

Make it Girl-Led:

Asking girls HOW they want to lead during activities is a great place to start. Here are a few more tips:

- Give girls space to voice their feelings and ideas.
- Let girls make age appropriate choices
- Teach girls multiple ways to make a decision. Voting isn't the only way to make a group choice!
- Let girls make age appropriate group and individual decisions.
- Allow girls to make individual choices within activities. Remember, just because a girl does something different than you doesn't mean it's wrong!

To earn the patch:

- Make sure you are [registered](#) for this year
- Complete at least three activities on the calendar or try one of your own!

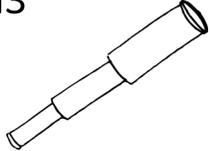
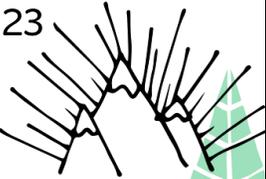
Order online here: <https://www.girlscoutsalaska.org/patchprogram>





December 2020

Lead the Way

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Be sure to check girlscoutsalaska.org/events for the most up-to-date information!</p>						
		1	2	3 Awesome Girls: Protect the Planet (K-5) (6-12) 12:30 & 2:00	4	5 Start the STEM Patch of the Month
6	7 Be a digital leader and try Hour of Code this week	8 Celebrate National Brownie Day by baking something for a friend!	9	10 How cold is it? Make your own thermometer to find out!	11	12 
13 	14 Career Chat with American Airlines Pilot and Navy Admiral (Partner Council) 3:00 AK Time	15	16 	17 Awesome Girls: Buying Power (Seniors) 1pm AK Time	18 	19 Download the Brighten your Holiday with Circuits video and make your own holiday card
20	21 Light up the shortest day of the year with an ice luminary	22 	23 	24	25 Merry Christmas!	26 
27 	28	29 Show off your superhero skills with these activities from GSUSA	30	31 Set a WOOP goal for the new year		

Resources

Activity Links:

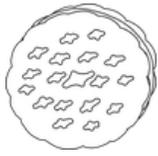
- GSUSA Girl Scouts at Home: <https://www.girlscouts.org/en/girl-scouts-at-home/activities-for-girls.html>
- GSAK Patch of the Month: <https://www.girlscoutsalaska.org/patchprogram>
- G-Team TV: <https://www.youtube.com/watch?v=lxXvpHV8rno&list=PLZaWZO965rJ2h1lozvBZJNnzCkaAPWnLF> (new episodes every Thursday)
- DIY Thermometer: <https://littlebinsforlittlehands.com/how-to-make-a-thermometer/>
- Ice Luminary: <https://www.craftiments.com/2013/01/how-to-make-ice-lanterns.html>
- Girls are Superheroes patch activities: <https://www.girlscouts.org/en/girl-scouts-at-home/activities-for-girls/girls-are-superheroes.html>
- WOOP Goal: <https://characterlab.org/activities/woop-for-classrooms/>

Registration Links:

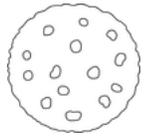
- GS Heart of Pennsylvania: Career Chat with American Airlines Pilot and Navy Admiral: https://www.girlscoutsalaska.org/en/events-repository/2020/career_chat_with_ame.html
-
- GSAK: Brighten your Holiday with Circuits (Recorded): https://www.girlscoutsalaska.org/en/events-repository/2020/brighten_your_holiday_639861300.html
- GSUSA: Awesome Girls: Buying Power: <http://girlscoutsathome.girlscouts.org/girlscoutsathome/detail/636/1608242400000>

Other Resources:

- Did you know many Girl Scout Badges are linked to both Common Core and state educational standards? Find out more here: <https://www.girlscouts.org/en/adults/educators/curriculum-standards.html>
- Curious about the impact Girl Scouts can have? Check out the Girl Scout Research Institute (GSRI) - <https://www.girlscouts.org/research>
- A New Decade of Girls' Leadership: <https://www.girlscouts.org/en/about-girl-scouts/research/new-decade-of-girls-leadership.html>
- Girl Scouts are Digital Leaders: <https://www.girlscouts.org/decodingdigitalgirl>



January 2021 Bzzness Builder



Girl Scout Connection:

Entrepreneurship is one of the four important skills that form the foundation of the Girl Scout Leadership Experience. Even if your girl doesn't dream of owning her own business, developing entrepreneurship skills offer big benefits. When girls participate in entrepreneurship activities they practice their critical thinking, goal setting, problem solving, and failure recovery skills. These skills help girls develop stable financial futures.

Make the Connection:

The Girl Scout Cookie Program is the easiest way for girls to practice their entrepreneurship skills! This year, participating in the program is easier than ever. All girls will receive a cookie packet in the mail with information on how to participate, entrepreneurship activities, participation permission slip and cookie order form—everything your girl needs to get started developing her entrepreneurship skills.

Of course, the Girl Scout Cookie Program isn't the only way for girls to gain entrepreneurship skills. Many every day things we do use these skills—grocery shopping, paying bills, receiving allowance are all obvious ways to develop skills. Activities like games, household chores, puzzles, cooking, and reading also help girls develop entrepreneurship skills like critical thinking and problem solving!

Make it Girl-Led:

There are lots of ways to start teaching girls entrepreneurship and the skills underlying it. Here are just a few ideas:

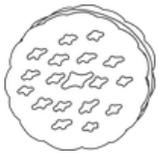
- Let girls pick a topic and then set and track their goals.
- If a girl is stuck on a project or problem. Ask her what SHE wants to try to solve it.
- Let girls try (even if you know it won't work) and fail. Then, have a conversation about what worked and what she can do differently. Then, encourage her to try again!
- Help girls research how they can make a difference in their community. Maybe she loves animals or maybe she wants to help families struggling to buy groceries. Help her brainstorm how to help. Then, set a goal and work to reach it.

To earn the patch:

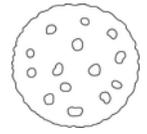
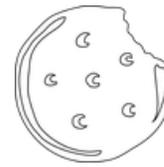
- Make sure you are [registered](#) for this year
- Complete at least three activities on the calendar or try one of your own!

Order online here: <https://www.girlscoutsalaska.org/patchprogram>





January 2021 Bzzzness Builder



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Be sure to check girlsoutsalaska.org/events for the most up-to-date information!					1 Happy New Year!	2 
3	4 Work on the STEM Patch of the Month	5 	6 Cookie Rally 6:00 pm AK	7	8 Cookie ordering begins!	9 Set a cookie sale goal and try one of these activities to track it!
10 Meet a paleontologist 12:00 pm AK Time	11	12 Try a Cookies at Home activity	13 Female-Founded Startups: The Women Investing in Our Future 3pm AK Time	14	15 	16
17	18 Find a women-owned business in your area. What do they do?	19	20 Have you met Hope the Horse ? Learn about horses with this activity !	21	22	23 Ultimate Ungulates 10:30 am AK Time
24	25 Try an entrepreneur badge activity from Girl Scouts at Home	26	27 	28 Awesome Girls: Building a Good Credit Score 1:00 AK Time	29	30
31 						

Resources

Activity Links:

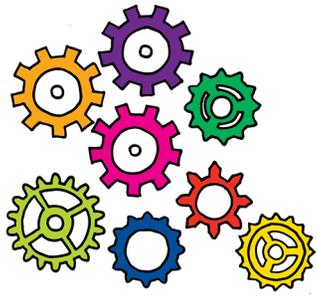
- GSUSA Girl Scouts at Home: <https://www.girlscouts.org/en/girl-scouts-at-home/activities-for-girls.html>
- GSAK Patch of the Month: <https://www.girlscoutsalaska.org/patchprogram>
- G-Team TV: <https://www.youtube.com/watch?v=lxXvpHV8rno&list=PLZaWZO965rJ2h1lozvBZJNnzCkaAPWnLF> (new episodes every Thursday)
- Cookies at Home: <https://www.girlscoutsalaska.org/content/dam/girlscouts-girlscoutsalaska/documents/cookies/Cookies%20at%20Home.pdf>
- Goal Setting Activities: <https://www.littlebrowniebakers.com/rally/goal-setting/>
- Horsing Around with SciGirls: <http://www.scigirlsconnect.org/resources/horsing-around/>
- Entrepreneur Badge Activities: <https://www.girlscouts.org/en/girl-scouts-at-home/activities-for-girls.html> (Available for each Girl Scout Level. Select your level then scroll down to the Entrepreneurship section to see activities)

Registration Links:

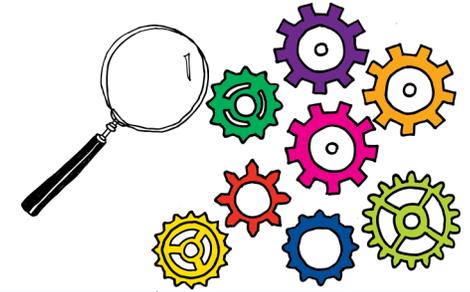
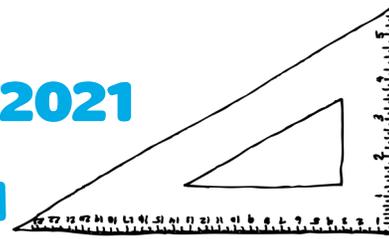
- GSAK: Cookie Rally: https://www.girlscoutsalaska.org/en/events-repository/2021/virtual_cookie_rally.html
- GSAK: STEM Career Exploration: Meet a Paleontologist: https://www.girlscoutsalaska.org/en/events-repository/2021/stem_career_explorat.html
- GSUSA: Female-Founded Startups: The Women Investing in Our Future: <http://girlscoutsathome.girlscouts.org/girlscoutsathome/detail/830/1610582400000>
- GSAK: Ultimate Ungulates: https://www.girlscoutsalaska.org/en/events-repository/2021/ultimate_ungulates.html
- GSUSA: Awesome Girls: Building a Good Credit Score (Ambassadors): <http://girlscoutsathome.girlscouts.org/girlscoutsathome/detail/637/1611871200000>

Other Resources:

- Girl Scouts of Alaska Cookie Resources: <https://www.girlscoutsalaska.org/en/cookies/about-girl-scout-cookies.html>
- Check out all the cookie resources from Little Brownie Bakers here: <https://www.littlebrowniebakers.com/>
- Did you know many Girl Scout Badges are linked to both Common Core and state educational standards? Find out more here: <https://www.girlscouts.org/en/adults/educators/curriculum-standards.html>
- Today's Girls, Tomorrow's Entrepreneurs: Transforming Interest and Aptitude into Success: <https://www.whygirlscouts.org/success/p/1>



February 2021 STEM



Girl Scout Connection:

Girl Scouts of the USA is committed to helping millions of girls participate in Girl Scout STEM programming by 2025.

STEM (Science, Technology, Engineering, Math) is one of the four pillars of Girl Scouts. Kids are natural borne scientists—they are inquisitive, creative, learn by trying/doing and want to learn about the world around them. These life skills are also the backbone of Girl Scouts making STEM a perfect programmatic fit.

Make the Connection:

Selling Girl Scout cookies, especially during a pandemic requires every part of STEM: S (mapping out a neighborhood strategy), T (digital cookies), E (creating a Bling Your Booth set up) and M (managing money). Using STEM skills is true of most of what we do in our daily (and Girl Scout lives). As your girls participate in troop meetings or their school/home day challenge them to identify how they use STEM skills for every day tasks. Verbalize how you use these skills so that girls begin to understand how learning STEM skills can help them both today and in their future.

Start by tapping into what girls enjoy to gain their interest. Chances are, that topic has a STEM connection!

Make it Girl-Led:

Girl Scouts has lots of STEM focused program, including newly refreshed badges and journeys. [Take a look](#) with your girl and ask her what she would be interested in trying.

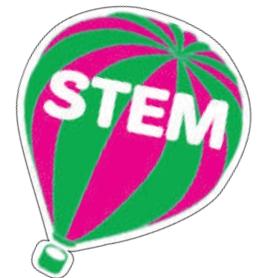
Then, as you work on STEM badges (or any activity), ask girls questions and encourage them to investigate instead of giving them all the information. Challenge girls to look at issues from multiple different perspectives and then evaluate how to best move forward.

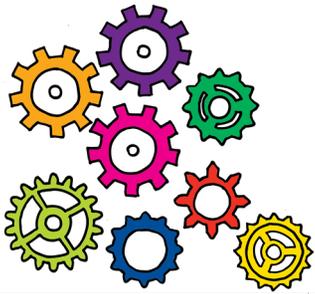
Give girls responsibility for parts of your troop or family life that require STEM skills. For example, assign girls to collect and count troop dues at each meeting or to create (and carry out) a plan for watering your house plants.

To earn the patch:

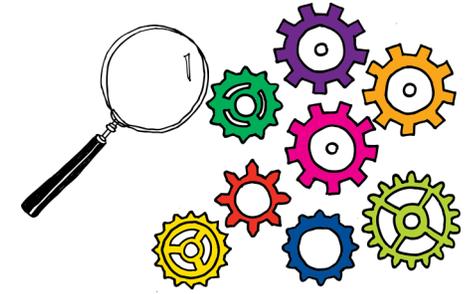
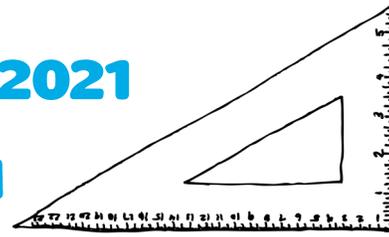
- Make sure you are [registered](#) for this year
- Complete at least three activities on the calendar or try one of your own!

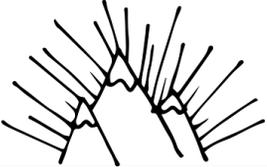
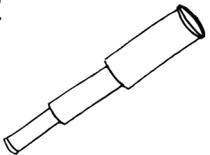
Order online here: <https://www.girlscoutsalaska.org/patchprogram>





February 2021 STEM



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Can you see your shadow today? Try this experiment to see how it changes.	3 	4	5 Are you registered for STEMpalooza yet?	6
7	8 Try a Girl Scouts at Home STEM Activity	9 	10	11 Celebrate International Day of Women and Girls in Science by starting a STEM badge!	12 	13 Using items from around your house, build a tower. How tall can you make it?
14 	15	16 Celebrate Elizabeth Peratrovich Day! Find out who she was and why we celebrate her.	17 	<h2><u>STEMpalooza</u></h2>		
21	22 World Thinking Day	23	24 Practice counting change & adding up your sales to get ready for booth sales!	25	26 Cookie Booth Sales Begin!	27 
28 Find a STEM role model	Be sure to check girlscoutsalaska.org/events for the most up-to-date information!					

Resources

Activity Links:

- Shadow Experiment: <https://www.exploratorium.edu/snacks/outdoor-shadows>
- GSUSA Girl Scouts at Home: <https://www.girlscouts.org/en/girl-scouts-at-home/activities-for-girls.html>
- GSAK Patch of the Month: <https://www.girlscoutsalaska.org/patchprogram>
- G-Team TV: <https://www.youtube.com/watch?v=lxXvpHV8rno&list=PLZaWZO965rJ2h1lozvBZJNnzCkaAPWnLF> (new episodes every Thursday)
- GSUSA Badge Explorer: https://www.girlscouts.org/en/our-program/badges/badge_explorer.html
- International Day of Women and Girls in Science: <https://en.unesco.org/commemorations/womenandgirlinscienceday>
- World Thinking Day: <https://www.girlscouts.org/en/for-girls/think-globally/world-thinking-day.html>
- FabFems STEM Role Models: <https://www.fabfems.org/>

Registration Links:

- GSAK: STEMpalooza: <https://www.girlscoutsalaska.org/stemapalooza>

Other Resources:

- Girl Scouts of Alaska Cookie Resources: <https://www.girlscoutsalaska.org/en/cookies/about-girl-scout-cookies.html>
- Check out all the cookie resources from Little Brownie Bakers here: <https://www.littlebrowniebakers.com/>
- Did you know many Girl Scout Badges are linked to both Common Core and state educational standards? Find out more here: <https://www.girlscouts.org/en/adults/educators/curriculum-standards.html>
- Girl Scout STEM Program: <https://www.girlscouts.org/en/our-program/our-program/stem.html>
- Four Ways Girl Scouts Builds Girl Leaders in STEM: https://www.girlscouts.org/content/dam/girlscouts-gsusa/forms-and-documents/about-girl-scouts/research/GSRI_four-ways-Girl-Scouts-builds-girl-leaders-in-STEM_0417.pdf
- If/Then Collection: <https://www.ifthencollection.org/>



March 2021



Soar with Sisterhood

Girl Scout Connection:

You may be participating in Girl Scouts in a troop or as an individual but you are also part of a worldwide sisterhood of other girls and caring adults who are committed to the Girl Scout mission.

Girl Scouts of the USA (GSUSA) is a sisterhood of more than 2.5 million girls and volunteers who believe in the power of every girl to change the world!

Girl Scouts are also members of the [World Association of Girl Guides and Girl Scouts](#) (WAGGGS) which represents over 10 million girls in over 150 countries.

Make the Connection:

There are so many ways to connect with other Girl Scouts and our new virtual environment makes it easier than ever!

- Girls can participate in virtual events across the country. Check out the upcoming virtual events on GSUSA's Girl Scouts at Home page [here](#).
- Discover what [Girl Scouts or Girl Guides](#) do in another country.
- Ask girls what they are hearing about in the news or learning in school. Then, help them brainstorm how they can help (if there was a problem) or connect and learn (if they encountered something new)

Make it Girl-Led:

Start by asking girls what being a “sister” and being in a “sisterhood” means to them. Then, ask girls how they want to help their Girl Scout sisterhood expand.

Here are some other ideas:

- Look at GSUSA's Girl Scouts at Home [page](#) and let girls pick an event from another council that interests them.
- There are Girl Scouts all over Alaska. Ask girls what region (outside their own) of Alaska they want to learn about. Check out our [Alaska patch series](#).
- Ask girls to look at the [WAGGGS map](#). Invite girls to pick a country, learn about it and share it with others (this is a traditional [World Thinking Day](#) activity but can be used any time of the year.)

To earn the patch:

- Make sure you are [registered](#) for this year
- Complete at least three activities on the calendar or try one of your own!
- Invite a friend to try one of the activities or join your troop



Order online here: <https://www.girlscoutsalaska.org/>

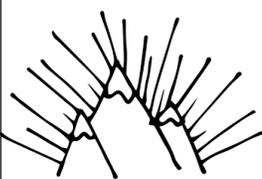
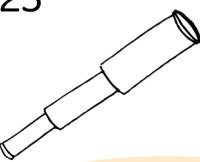


March 2021



Soar with Sisterhood



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Celebrate Women's History month by trying a Suffrage Centennial Activity	2	3 Check out the STEM Patch of the Month	4 	5 Try a Girl Scouts at Home Activity	6
7 Did you know Camp Togowoods is named after Togo the dog? Find out why Togo is so important.	8 #ChooseToChallenge on International Women's Day	9	10 Tips for Troop Leaders LIVE: How to Overcome Troop Leader Burnout	11	12 Have a birthday party for Girl Scouts!	13 
Girl Scout Week						
14 Celebrate Pi Day by trying this activity or making your own pie!	15	16 	17 St. Patrick's Day	18	19 STEM Family Night (English & Spanish) 6:00 AK Time	20 First Day of Spring
21	22 	23	24 Write a letter to a friend. Share why their friendship is important to you.	25 	26	27 
28 Last day of booth sales!	29 	30 Girl Scout Hang Out: Yoga and Friendship Bracelets 6:00 AK Time	31	Be sure to check girlscoutsalaska.org/events for the most up-to-date information!		

Resources

Activity Links:

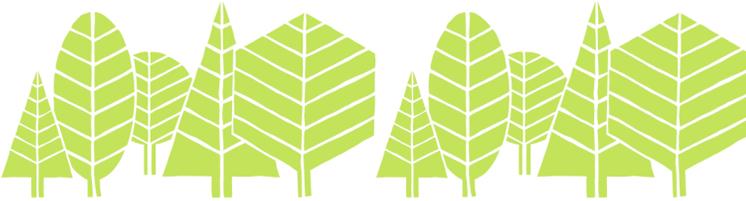
- GSUSA Girl Scouts at Home: <https://www.girlscouts.org/en/girl-scouts-at-home/activities-for-girls.html>
- GSAK Patch of the Month: <https://www.girlscoutsalaska.org/patchprogram>
- G-Team TV: <https://www.youtube.com/watch?v=lxXvpHV8rno&list=PLZaWZO965rJ2h1lozvBZJNnzCkaAPWnLF> (new episodes every Thursday)
- GSUSA Suffrage Centennial Activities: <https://www.girlscouts.org/en/girl-scouts-at-home/activities-for-girls/for-every-girl/suffrage-centennial-patch.html>
- Women's History Month: <https://womenshistorymonth.gov/>
- Girl Scout Week Tradition: <https://www.girlscouts.org/en/about-girl-scouts/traditions.html>
- International Women's Day: <https://www.internationalwomensday.com/>
- Cutting Pi: <https://www.exploratorium.edu/snacks/cutting-pi>

Registration Links:

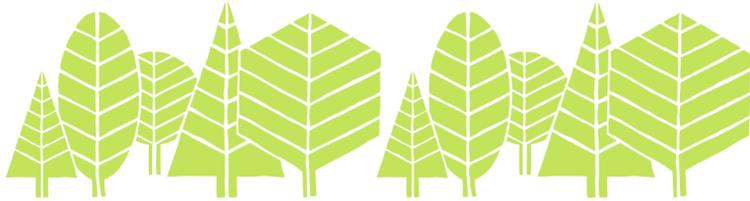
- GSUSA Tips for Troop Leaders: How to Prevent Troop Leader Burnout: <http://girlscoutsathome.girlscouts.org/girlscoutsathome/detail/1039/1615424400000>
- GSAK STEM Family Night (English & Spanish): <https://www.cognitofrms.com/Girlscoutsalaska/GirlScoutVirtualFamilyEventEventoFamiliarVirtualDeGirlScouts>
- GSAK Girl Scout Hang Out: Yoga and Friendship Bracelets: <https://www.cognitofrms.com/Girlscoutsalaska/GirlScoutHangOutYogaAndFriendshipBracelets>

Other Resources:

- Girl Scouts of Alaska Cookie Resources: <https://www.girlscoutsalaska.org/en/cookies/about-girl-scout-cookies.html>
- Check out all the cookie resources from Little Brownie Bakers here: <https://www.littlebrowniebakers.com/>
- Did you know many Girl Scout Badges are linked to both Common Core and state educational standards? Find out more here: <https://www.girlscouts.org/en/adults/educators/curriculum-standards.html>
-



April 2021 Take Action



Girl Scout Connection:

Girl Scouts discover who she is and what she cares about, connect with others to collaborate and learn and, **take action** to make the world a better place.

Girl Scouts take action in two ways:

- Community Service—projects that help the world be a better place right now like holding a toy drive or volunteering at a soup kitchen
- Service Learning (Take Action Projects) - projects that address the root cause of an issue and create a lasting impact

No matter how your girls decide to make the world a better place, taking action is part of the Girl Scout mission!

Make the Connection:

The Girl Scout Gold Award is the ultimate expression of taking action. Check out how Senior and Ambassador Girl Scouts have changed the world through their [Gold Award](#) projects.

Now that you have an idea what is possible, help girls start small. Every choice we make is a chance to make the world a better place. Pick up a piece of trash at the park, hold open a door for someone, say “hello” to a stranger. And, no matter what you do, make sure to have conversations with

girls on how those little choices add up to make a huge difference!

Make it Girl-Led:

Start by asking girls what kind of topics interest them: animals, nature, science, reading, education...

As girls discuss the things they care about listen for one that bubbles up the most. That’s probably a good topic to start with.

Now, ask girls to look around their home, community, state, country or world (whichever is age appropriate) and look for ways they can help and/or make a difference on that topic.

Then, ask girls how they want to take action. The key is that this process is girl-led—that girls decide on the project and how to bring it to life. You may need to help girls refine their ideas but you’ll be amazed at what girls come up with!

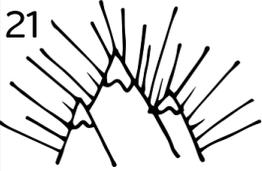
To earn the patch:

- [Renew](#) your membership or get an [extended year](#) membership
- Complete at least three activities on the calendar or try one of your own!
- Invite a friend to try one of the activities or join your troop

Order online here: [https://
www.girlscoutsalaska.org/patchprogram](https://www.girlscoutsalaska.org/patchprogram)



April 2021 Take Action

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Be sure to check girlscoutsalaska.org/events for the most up-to-date information!				1 Be an Early Bird! 	2	3 Check out the STEM Patch of the Month
4	5 	6 Awesome Girls: Take Action for the Planet Part 1 3:00 pm AK	7	8 Awesome Girls: Take Action for the Planet Part 2 3:00 pm AK	9 	10 Play EmpowHer Bingo
11 Start (or continue) a Journey	12 Awesome Girls: Take Action for the Planet Part 3 3:00 pm AK	13 Photography— Sneak Peak Challenge 5:00 AK	14	15 Get outside! Go for a walk, take a hike, or play a game in your yard.	16 	17 Awesome Girls: STEM Festival 8:00 –12:30 AK
18	19 Write a Thank You note to a Girl Scout Volunteer 	20	21 	22 Awesome Girls: Girl Scout Tree Promise 3:30 pm AK	23	24 Lunch with Lemurs 12:00 AK
25 	26	27 Get started on a Highest Award	28	29 Try a Citizen Science Project	30 	

Resources

Activity Links:

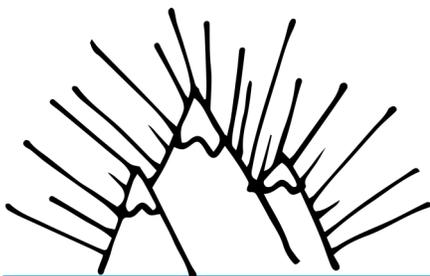
- Early Bird Renewal: <https://www.girlscoutsalaska.org/en/about-girl-scouts/renew/early-bird.html>
- GSUSA Girl Scouts at Home: <https://www.girlscouts.org/en/girl-scouts-at-home/activities-for-girls.html>
- GSAK Patch of the Month: <https://www.girlscoutsalaska.org/patchprogram>
- EmpowHer Bingo: <https://secure.qgiv.com/event/empowher/page/571146/>
- Highest Awards: <https://www.girlscoutsalaska.org/en/our-program/highest-awards.html>
- Journeys: <https://www.girlscoutsalaska.org/en/our-program/journeys.html>
- Citizen Science: <https://scistarter.org/finder?phrase=Girl+Scouts>

Registration Links:

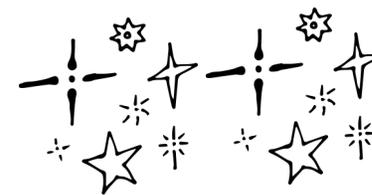
- GSUSA: Awesome Girls: Take Action for the Planet Part 1: <http://girlscoutsathome.girlscouts.org/girlscoutsathome/detail/1113/161775000000>
- GSUSA: Awesome Girls: Take Action for the Planet Part 2: <http://girlscoutsathome.girlscouts.org/girlscoutsathome/detail/1114/1617922800000>
- GSUSA: Awesome Girls Take Action for the Planet Part 3: <http://girlscoutsathome.girlscouts.org/girlscoutsathome/detail/1115/1618268400000>
- GSAK: Photography—Sneak Peak Challenge: https://www.girlscoutsalaska.org/en/events-repository/2021/photography_sneak_pe.html
- GSUSA: Awesome Girls: STEM Festival: <http://girlscoutsathome.girlscouts.org/girlscoutsathome/detail/1118/1618675200000>
- GSUSA: Awesome Girls: Girl Scout Tree Promise: <http://girlscoutsathome.girlscouts.org/girlscoutsathome/detail/1120/1619134200000>
- GSAK: Lunch with Lemurs: <https://secure.qgiv.com/for/gsoa/event/828834/>
- GSUSA: Girl Scout Explorada: <http://girlscoutsathome.girlscouts.org/girlscoutsathome/detail/1104/1619283600000>

Other Resources:

- EmpowHer Campaign: <https://secure.qgiv.com/event/empowher/>
- Did you know many Girl Scout Badges are linked to both Common Core and state educational standards? Find out more here: <https://www.girlscouts.org/en/adults/educators/curriculum-standards.html>
- New research from the Girl Scout Research Institute shows that participating in Girl Scouts is a powerful factor for developing courage, confidence, and character: <https://www.girlscouts.org/en/about-girl-scouts/research/alum-difference-report.html>
- Community Service or Take Action?: <https://www.girlscouts.org/en/adults/volunteer/tips-for-troopleaders/programming/community-service-and-take-action-projects.html>
- Coming in May: Becoming Me: <https://www.girlscouts.org/en/about-girl-scouts/join/becoming-me.html>



Summer 2021 Climb Your Mountain



Girl Scout Connection:

The Girl Scout Leadership Experience benefits girls in five important ways:

- Strong Sense of Self
- Positive Values
- **Challenge Seeking**
- Healthy Relationships
- Community Problem Solving

In Girl Scouts, girls are encouraged to take appropriate risks, try things even if they might fail, and learn from their mistakes.

When girls take on challenges they are putting into action their grit and growth mindset.

Grit – Passion and perseverance for long-term goals
Growth mindset – Believing you can improve your abilities

Research has shown that when girls seek challenges, have grit and use a growth mindset they are happier, healthier, feel more engaged and achieve more! And, in the long run, they become successful, well-adjusted adults.

Make the Connection:

Encourage girls to try, fail and try again. Resist the temptation to step in when you see girls doing something that won't work (unless of course it's a safety issue). Let girls fail in a safe environment and then help them recover and try again!

Make it Girl-Led:

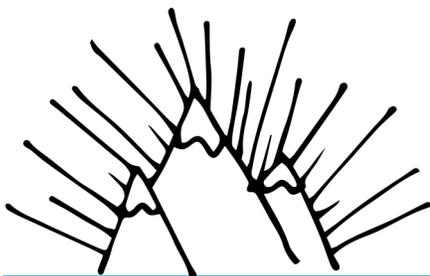
Start by asking girls if there is anything they'd like to accomplish this summer—maybe they want to go on a long hike, read 1000 pages, or learn a new skill. Encourage them to set a “stretch” goal, a goal that's just a little bit further than what they can currently do. Work together to figure out what steps she needs to take to reach her goal. If she “fails” along the way, ask her what she gained through that experience or what small piece(s) she figured out during the attempt.

To earn the patch:

- [Renew](#) your membership or get an [extended year](#) membership
- Complete at least three activities each month or try one of your own!
- Invite a friend to try one of the activities or join your troop

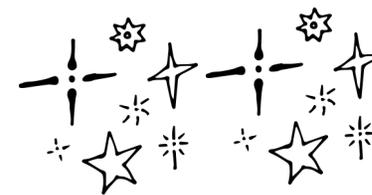
Order online here: <https://www.girlscoutsalaska.org/patchprogram>





Summer 2021

Climb Your Mountain



- Is there something you've always wanted to do but haven't tried yet? Give it a try! Remember, when you are learning something new, you don't have to be "good" at it. The important thing is to try your best, work to improve, and have fun!
- Start (or continue) a [Take Action](#) or [Highest Award Project](#)
- Make something that will move by wind power, like a kite or paper airplane. Test it out and improve your design
- Try a new food
- Learn a new game then teach it to a friend
- Get outside! Go for a walk, hike, paddle, or something else. How far can you go?
- Learn some First Aid skills or take a First Aid class
- It's normal to feel frustrated when you are trying something new or working to overcome a challenge. Practice some ways to take a break! Try going for a walk, doing a mindfulness activity, dancing your frustration out, coloring, drawing, or something else. What works best for you?

- Challenge yourself with an art activity. Think about something you already like to do and try it in a new way. Love to paint? Try making your own paint out of berries, leaves, onion skins, or spices. Love photography? Try making a pinhole camera. Love dance or music? Try a new style
- Check out the [badges and Journeys](#) you can try next year. Which ones look interesting? Make a plan for what you'd like to do in the fall!
- Think about something challenging you'd like to do this summer—maybe you'd like to read 500 pages or hike 10 miles or something else! Use the WOOP (Wish-Outcome-Obstacle-Plan) help you reach your goal. Learn more about WOOP from Character Lab: <https://characterlab.org/activities/woop-for-classrooms/>
- Start or continue learning a new language
- Interested in computers or tech? Try [Hour of Code](#)
- Practice noticing. Sit outside and set a timer for 5 minutes—15 minutes. Sit quietly and watch what's happening around you. Do you see animals or bugs? People? What colors do you see? What sounds do you hear?
- Go to [camp](#)! We are offering in-person and virtual camp this summer

Resources

Activity Links:

- Early Bird Renewal: <https://www.girlscoutsalaska.org/en/about-girl-scouts/renew/early-bird.html>
- GSUSA Girl Scouts at Home: <https://www.girlscouts.org/en/girl-scouts-at-home/activities-for-girls.html>
- GSAK Patch of the Month: <https://www.girlscoutsalaska.org/patchprogram>
- Highest Awards: <https://www.girlscoutsalaska.org/en/our-program/highest-awards.html>
- Take Action or Community Service?: <https://www.girlscouts.org/en/adults/volunteer/tips-for-troopleaders/programming/community-service-and-take-action-projects.html>
- Badge Explorer: https://www.girlscouts.org/en/our-program/badges/badge_explorer.html
- Journeys: <https://www.girlscoutsalaska.org/en/our-program/journeys.html>
- WOOP Goals: <https://characterlab.org/activities/woop-for-classrooms/>
- Hour of Code: <https://hourofcode.com/us/learn>
- GSAK Summer Camp: <https://www.girlscoutsalaska.org/en/camps.html>

Other Resources:

- Did you know many Girl Scout Badges are linked to both Common Core and state educational standards? Find out more here: <https://www.girlscouts.org/en/adults/educators/curriculum-standards.html>
- New research from the Girl Scout Research Institute shows that participating in Girl Scouts is a powerful factor for developing courage, confidence, and character: <https://www.girlscouts.org/en/about-girl-scouts/research/alum-difference-report.html>
- Character Lab: <https://characterlab.org/>
- Is Your Child Resilient: <https://www.greatschools.org/gk/articles/is-your-child-resilient/>
- Cultivate Zest: https://greatergood.berkeley.edu/article/item/four_reasons_to_cultivate_zest_in_life