



Army National Guard Girl Scout Patch

Daisies and Brownies complete 3 activities. Juniors and up, complete 4 to earn your Army National Guard patch!

This patch is inspired by the Army values. Army National Guard Soldiers live these values every day in everything they do, whether on the job or off duty. The Army Values are what being a Soldier is all about: Loyalty, Duty, Respect, Selfless Service, Honor, Integrity, and Personal Courage.

Activity 1: Loyalty - *Believing in and devoting yourself to something or someone. A loyal Soldier supports leaders, stands up for fellow Soldiers and does their share of work to show loyalty to their unit.*

Invite a member of the Army National Guard to visit your troop or visit an Army National Guard display. Ask questions to learn about the Army National Guard mission and military vehicles/aircraft used to accomplish that mission.

- What is the Army National Guard Mission?
- Who are Citizen-Soldiers?
- What are some examples of land vehicles used in the Army National Guard?
- What are some examples of aircraft used in the Army National Guard?

Activity 2: Duty - *Fulfill your obligations. Doing your duty means more than carrying out your assigned tasks. Duty means being able to accomplish tasks as part of a team. The work of the U.S. Army is a complex combination of missions, tasks and responsibilities — all in constant motion.*

Invite a member of the Army National Guard to visit your troop or visit an Army National Guard display in your community to learn about Army Guard careers, travel and training/education opportunities.

- Ask what her job in the Army National Guard is. Is this something you would like to do?
- Ask what some of the other roles are in the Army National Guard.
- Ask her to bring a globe or a map and show you where she/he has traveled.
- Ask her to explain the training and education opportunities in the Guard.

Activity 3: Respect - *Treat people as they should be treated. Soldiers pledge to “treat others with dignity and respect while expecting others to do the same.” Respect allows us to appreciate the best in other people. And self-respect results from knowing you have put forth your best effort. We are one team and each of us has something to contribute.*

Conduct a respect activity/discussion within your troop. Example from leaderconnectingleaders.com: Using the statements below, ask the girls to tell you what the best response would be. Example answers are listed; there could be more than one right answer.

- What should you say if you run in front of someone? I AM SORRY
- When you let someone use something that you are using, it’s called? SHARING
- When you ask for something, you say? PLEASE
- When you receive a gift from someone, you say? THANK YOU



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- If you make someone else sad or upset, you say? I AM SORRY
- If someone is having a bad day, you ask? ARE YOU OK?
- When you meet someone new, you say? NICE TO MEET YOU
- When your parents ask you to do something, you show them? RESPECT

Activity 4: Selfless Service - *In serving our country, Soldiers are doing their duty loyally without thought of recognition or gain. Selfless service is the commitment of each team member to go a little further, endure a little longer, and look a little closer to see how he or she can add to the effort.*

Volunteer in your community while also experiencing the selfless service of our military:

- Volunteer to help at the USO at the airport, or other military/veteran organizations.
- Volunteer to help at a homecoming, and/or make posters to welcome service members home.
- Attend a military ceremony or event.
- Write a letter or send a care package to a service member.

Activity 5: Honor - *Live up to the Army values. Soldiers make honor a matter of daily living with every choice they make. Honor is a matter of carrying out, acting, and living the values of respect, duty, loyalty, selfless service, integrity and personal courage in everything you do.*

Learn the seven Army Values and explain what each value means to you. We use the acronym LDRSHIP to help remember the Army Values.

Activity 6: Integrity - *Do what's right, legally and morally. Integrity is a quality you develop by adhering to moral principles. As your integrity grows, so does the trust others place in you.*

Conduct an integrity discussion or activity within your troop. Example from compasscharters.org:

Random Acts of Kindness: Being kind to others is an important part of demonstrating integrity. For example, if someone accidentally drops money on the ground, a kind person would return that money to its rightful owner. Ask the girls to brainstorm ways they can be kind to others and show integrity.

Activity 7: Personal Courage - *Face fear, danger or adversity (physical or moral). Physical courage is a matter of enduring physical challenges. Facing moral fear or adversity may be a process of continuing forward on the right path, even if those actions are not popular with others. You can build your personal courage by standing up for and acting upon the things that you know are honorable.*

Conduct a physically challenging activity in your troop such as an obstacle course, climb a rock wall, run a community race or endure another physical challenge. Afterwards, ask the girls how they felt throughout the experience and what they learned about their own courage. How can they apply what they learned to other challenges in the future?